



## *“Uncompromising Care”*

Hello, thank you for choosing **Canyon Physical Therapy & Aquatic Rehabilitation**. We are excited to serve you and look forward to providing you “Uncompromising Care”. Please take a moment to review these frequently asked questions.

### ***Q~ What should I bring to my first appointment?***

A~ Please **complete** the included packet and bring it in with you on your first visit.

Also please bring with you:

- Your picture ID
- Insurance card(s)
- Therapy prescription from your physician (if we do not already have it)

**Please arrive 15 minutes early for the first appointment.**

### ***Q~ What should I wear to my first appointment?***

A~ Please dress comfortably in loose fitting clothing that will allow access to the area of your body that will be evaluated by the Physical Therapist.

\*If your physician has ordered Aquatic Physical Therapy you may bring your pool gear (i.e. swim clothes and towel, as we do not provide one) however, it may not be needed on the first visit.

### ***Q~ How long will my appointment last?***

A~ Your first visit (initial evaluation) will last approximately 1 hour and 30 minutes. Return visits will last 1-2 hours depending on your course of treatment.

\*If you will be receiving Aquatic Physical Therapy your visits will tend to last closer to 2 hours.

### ***Q~ What should I do if I will be unable to make my appointment?***

A~ If you are unable to make your scheduled appointment, please call at least 24 hours before to reschedule. This will provide us ample time to schedule another patient. If you do not show for your visit or repeatedly cancel within 24 hours you will be removed from the schedule and a compliance record will be sent to your Dr. Please remember for Physical Therapy to be effective you must maintain a consistent schedule as prescribed by your Physical Therapist and Physician.

### ***Q~ Where is Canyon located?***

A~ **Canyon Physical Therapy and Aquatic Rehabilitation** is located at 2852 N. Navajo Dr. Ste. A. in Prescott Valley. We are on the **South** side of Hwy 69 next to the drive-thru Wells Fargo Bank and adjacent to the Americas Best Value Inn.

Should you have any further questions please call (928) 772-9797 and someone will be happy to assist you. Again, thank you and we look forward to meeting your Physical Therapy needs.